# The PCS Week: 13 - 19 May

Our national strike ballot closes on 13 May and the results will be published as soon as possible afterwards. Also, this week there is a number of great courses coming up including menopause in the workplace, and a training course for new delegates.

#### **PCS 2024 NEC election results announced**

Read the results of the PCS elections for our national president, deputy and vice presidents and national executive committee.

# **Submit your emergency motions**

Motions online is now live for your branch to submit emergency motions and references back.

# Use our calculator to find out how much you're losing

See how much the cost of living has gone up in the past year compared with your salary and share your results.

# Menopause in the Workplace

#### 13 May: 8am - 2pm

This short course for reps and members has been designed to create greater awareness of the menopause as a workplace issue.

#### **Advocates Next Steps - Northern, Yorkshire & Humberside regions**

### 14 May: 12:30pm - 1:30pm

The aim of this session is to continue to develop the skills of union advocates who have begun to carry out the role' and to give them confidence in talking to members to help build the union.

# **New Delegates Training**

#### 15 May: 10apm - 4pm

This short course will help you understand what's going on - so that you can enjoy your first conference experience!

# **Bullying**

# 16 May: 10am - 4pm

This course helps you define bullying behaviours and outlines how PCS reps can help individual members who complain of bullying.

#### **Advocates Next Steps - Eastern, London and the South East regions**

#### 16 May: 12pm - 1pm

The aim of this session is to continue to develop the skills of union advocates who have begun to carry out the role' and to give them confidence in talking to members to help build the union.

#### Register with PCS Digital to book yourself onto an upcoming course

PCS courses and events are listed on <u>PCS Digital</u>. To view and reserve spaces for upcoming events you'll need to log in. If you have not yet <u>registered</u> for PCS Digital, please do so.

#### Check your details are up to date

Make sure your personal and contact details are correct on <u>PCS Digital</u> so that we can contact you and send you important information.

#### Get in touch

Check out <u>our events page</u>, <u>PCS Digital</u>, or contact your local rep or <u>regional office</u> to find out what's going on this week and in the coming weeks.

Let us know what your group or branch is planning so we can publicise it in our weekly round-up. Email <a href="mailto:web@pcs.org.uk">web@pcs.org.uk</a>

Stay informed by updating your details securely online