# THE PCS WEEK 30 October - 5 November

Check and update your details on PCS Digital before midnight on 31 October to be entered into our Halloween prize draw. Also there is an online Menopause in the Workplace course.

# **Enter our Halloween prize draw**

Check and update your details on PCS Digital before midnight on 31 October to be entered into a draw for £100 of shopping vouchers.

# **Get involved at the Proud Extraordinary General Meeting**

The meeting will debate motions on the future of Proud, PCS's LGBT+ committee, and hold elections. The meeting will be held on Wednesday 13 December from 6-7:30 pm on Zoom.

#### **Candidates announced in PCS elections**

Two candidates for the position of PCS General Secretary and two for the Assistant General Secretary have been confirmed.

# Sign the petition against low paid key workers facing hardship this Christmas

Mitie members are facing 7 weeks without pay and having their benefit payments disrupted or stopped in the run up to Christmas. <u>Sign the petition</u> to support these essential workers and oppose these unnecessary changes.

# Menopause in the Workplace

1 November: 9:30am - 4:30pm

This short course for reps and members has been designed to create greater awareness of the menopause as a workplace issue.

# <u>Health and Safety Reps Part 1</u> - Eastern, London and the South East, South West regions

## 30 October - 13 November: 10am - 4pm

This course will help you mount campaigns to ensure PCS members have protection from stress-inducing, presentee-ism fixated employers...through a strong, well organised union.

## Welcome to PCS - Eastern, London and the South East regions

#### 30 October: 10am - 4pm

This course is aimed at members who are new to the union and interested in getting involved in union activity.

# **PCS L&SE Payday Rally (online)**

#### 31 October: 12:30pm - 1:30pm

Every month the PCS London and South East region holds an online rally, a place for members to meet and hear about union activity in the region.

#### **Tackling Stress as a Trade Union Issue**

#### 2 November - 9 November: 10am - 12:30pm

This short course will look at some union campaigning and negotiating strategies which say - No to "Resilience"....Yes to PCS members standing together to reduce harmful Stress at Work

## **PCS Scotland inaugural policy conference**

#### 2 November: 12:30pm - 5pm

PCS is making history over the next few weeks, with our inaugural PCS Scotland conference taking place on 2 November. Find out how to get involved.

# Register with PCS Digital to book yourself onto an upcoming course

PCS courses and events are listed on <u>PCS Digital</u>. To view and reserve spaces for upcoming events you'll need to log in. If you have not yet <u>registered</u> for PCS Digital, please do so.

## **Check your details are up to date**

Make sure your personal and contact details are correct on <u>PCS Digital</u> so that we can contact you and send you important information.

#### **Get in touch**

Check out <u>our events page</u>, <u>PCS Digital</u>, or contact your local rep or <u>regional office</u> to find out what's going on this week and in the coming weeks.

Let us know what your group or branch is planning so we can publicise it in our weekly round-up. Email web@pcs.org.uk

Stay informed by updating your details securely online by registering for <a href="PCS">PCS</a>
<a href="Digital">Digital</a>